

BODY THERAPY & PACKAGES (cont)

GENTLEMENS BLISS

Experience the ultimate in relaxation with our Gentlemen's bliss, exclusively crafted for men. Unwind and de-stress with a 60-minute massage that is personalized to meet your unique needs, designed to alleviate tension and soothe tired muscles. A deeply cleanse Express Men's Facial follows, that will leave your skin feeling hydrated and refreshed ensuring you feel your personal best.

90 minutes | R 830

FEATHER LIGHT FOOT & LEG RITUAL

Refresh and rejuvenate tired feet and legs, a perfect post-flight treatment. Kick-start your journey with a detoxifying leg and foot exfoliation. A leg and foot massage follows where specific massage techniques is used to stimulate circulation and alleviate muscle tension. We finish the treatment by applying our cooling detox gel formulated to drain excess fluids and reduce swollen feet and ankles. Our Feather Light Foot & Leg Ritual is the ultimate way to recharge and refresh after a long day, where your feet and legs will feel light as feathers.

45 minutes | R 465

HANDS & FEET

SPA DELUXE MANICURE

Indulge your hands in the ultimate pampering experience. During this treatment, your nails will be perfectly trimmed, shaped and buffed with precision, followed by gentle cuticle care. Your hands will be treated to a relaxing massage using nourishing creams and oils. Finish with the perfect Morgan Taylor/Essie polish application of your choice.

60 minutes | R 255

SPA DELUXE PEDICURE

Relax your feet with a gentle soak, followed by an invigorating exfoliating scrub. Your toes will be perfectly trimmed and shaped, with cuticles carefully attended to for a neat and polished look. Sink into pure bliss with a relaxing foot massage. To conclude your treatment, we offer the option for you to select a Morgan Taylor/Essie polish color of your choice.

60 minutes | R 330

SPECIALIZED MEDI-HEEL PEDICURE

A professionally administered foot treatment that utilizes the MediHeel system. This involves applying a chemical peel to soften heel calluses, it will then be gently removed by using a specialized tool. An AHA exfoliator will be applied to remove dead skin followed by a foot soak to replenish tired feet. The treatment will be rounded off by a relaxing foot massage with a nourishing foot balm. This treatment is an excellent choice for those with dry, cracked and rough heel. Not suitable for clients with Eczema or Psoriasis.

60 minutes | R 380

CONTACT US



(+27) 621315904 / available on WhatsApp



info@healingtouchmobilespa.co.za



Healing Touch Mobile Spa

WHATSAPP IS OUR PREFERRED
METHOD OF COMMUNICATION

HEALING TOUCH MOBILE SPA IS A
MOBILE SPA SERVICE THAT BRINGS A
LUXURIOUS SPA EXPERIENCE
DIRECTLY TO YOUR DOORSTEP



HEALING TOUCH MOBILE SPA

TREATMENT MENU



CARD FACILITIES AVAILABLE
PRICES ARE SUBJECT TO CHANGE
WITHOUT PRIOR NOTICE

BRINGING THE SPA TO YOU!

MASSAGE THERAPY

SWEDISH MASSAGE

Indulge in the ultimate relaxation experience that will melt away your tension and stress using a combination of long flowing strokes, gentle kneading and circular movements on the topmost layers of the muscles. Gentle to firm pressure will be used to release muscles knots and improve circulation, leaving you feeling refreshed and rejuvenated

60 minutes | R 610 / 90 minutes | R 830

DEEP TISSUE MASSAGE

Experience deep relaxation and relief with our deep tissue massage. Deep, slow and targeted pressure is used to access the deepest layers of the muscles to work out knots and release muscle tension. Ideal for those who suffer from old injuries or chronic pain, as well as those that prefer a firmer touch.

60 minutes | R 610 / 90 minutes | R 830

PRENATAL MASSAGE

Indulge in this lovely experience that pampers both the body and mind - a perfect treat for the mom-to-be. Our skilled massage therapists use gentle techniques and special positioning to provide ultimate comfort and support for the body during this incredible journey. The massage focuses on targeting areas of discomfort such as lower back pain, swelling, and muscle tension while also promoting improved circulation and mental calmness.

60 minutes | R 610

BACK NECK & SHOULDER MASSAGE

Our deeply relaxing massage is designed to relieve tension in your upper body, targeting your back, neck, and shoulders. A variety of techniques, including deep tissue massage, swedish massage, and acupressure is used to release muscle tension and promote relaxation.

30 minutes | R 390 / 45 minutes | R 470

REFLEXOLOGY

Indulge your senses in this holistic treatment that is designed to provide balance and healing throughout the body. This ancient practice involves applying pressure to specific points on the feet that are believed to correspond to specific organs and systems within the body to stimulate your body's natural healing process. This will help to alleviate pain and discomfort, reduce stress and anxiety, and improve your overall sense of well-being.

30 minutes | R 360

INDIAN HEAD MASSAGE

Experience the ultimate relaxation with our indulgent Indian Head Massage. This holistic treatment focuses on the head, neck, and shoulders, using a series of gentle yet powerful movements to melt away tension, increase circulation, and promote deeper relaxation.

30 minutes | R 330

SKIN CARE THERAPY

MARULA & ROSE HYDRA BOOST

Experience the ultimate hydration with our Marula & Rose Hydra Boost facial. Deeply nourish your skin, replenishing its hyaluronic acid reserves and strengthening its protective barrier to help retain moisture. Our unique Pinotage mask is infused with antioxidant-rich grape skins and marula oil, leaving your skin with a radiant and healthy glow.

40 minutes | R 450 / 60 minutes | R 610

NEROLI & ROSE SKIN PURIFIER

The rejuvenating facial treatment provides a refreshing cleansing experience, while simultaneously conditioning and energizing the skin to leave it feeling balanced and revitalized. With the help of active serums, this facial is designed to reduce the appearance of imperfections, refine pores, and control excess oil production and shine. Extractions can be integrated into the facial as an optional complementary service

40 minutes | R 450 / 60 minutes | R 610

JASMIN & BAOBAB ANTI-AGING SKIN PROTECTOR

Elevate your skincare game with our anti-aging facial that is specifically designed to protect and repair the skin by infusing it with a selection of powerful and carefully chosen antioxidants. These ingredients are easily absorbed by the skin, and work to combat the signs of aging by smoothing fine lines and reviving tired skin. The result is a refreshingly radiant and youthful complexion that is ultra-nourished and beautiful to behold.

40 minutes | R 450 / 60 minutes | R 610

MEN'S REVIVING FACIAL

A therapeutic experience designed specifically for the modern man. This facial is tailored to refine pores, improve skin tone, and soothe razor burn, leaving you with a revitalized and perfectly balanced complexion. A deep cleansing mask and relaxing facial massage is included to provide a relaxing and rejuvenating experience.

60 minutes | R 610

SPECIALIZED GALVANIZING SPA FACIAL

This cutting-edge treatment uses a small electrical device in combination with expertly crafted skincare products to transport pro-collagen peptides deep into the skin. Using delicate electrical currents, the device repels like charges, allowing key ingredients to be pushed down into the skin's layers where they can prompt collagen-producing cells to respond with age-reversing signals. The result? A firm, smooth, and more youthful complexion that radiates with a healthy glow, leaving you feeling pampered and revitalized.

75 minutes | R 770

**a foot or scalp massage is included in all facial treatments*

BODY THERAPIES & PACKAGES

FULL BODY POLISH

Our body polish treatment is designed to effectively remove dead skin cells from the surface of your body, leaving your skin feeling smooth, soft, and deeply nourished. Start with a gentle body brushing, which stimulates blood flow and lymphatic drainage. This is followed by an invigorating exfoliation, using a blend of specialized products and techniques to deeply cleanse and purify the skin, encouraging the regeneration of new, healthy skin cells. By removing build-up, your skin is prepared to absorb nourishing ingredients from your massage oil/lotion for a radiant glow.

40 minutes | R 440

PINOTAGE ANTI-OXIDANT CLAY WRAP

Combat stress and fatigue during this luxurious treatment. Your therapist will expertly encapsulate your body in a high-antioxidant wrap that is designed to neutralize free radicals, boost circulation, and promote skin renewal processes and tissue elasticity. While the wrap is working its magic, you will also enjoy a soothing scalp or foot massage to further enhance your relaxation and promote wellbeing

40 minutes | R 440

REVITALIZING BACK TREATMENT

Take your relaxation to the next level with our luxurious treatment. The ritual begins with an invigorating detox exfoliation, followed by a de-stress back wrap to soothe and calm your muscles. While the wrap works its magic, enjoy a foot massage to enhance your relaxation. Finally, a heavenly back, neck, and shoulder massage will melt away any tension and rejuvenate your body and mind. Don't forget to pamper your hard-to-reach back area.

60 minutes | R 550

HEALING TOUCH GLOW RITUAL

Experience the ultimate indulgence with our Healing Touch Glow Ritual. First, indulge in a warm Pinotage full body exfoliation, expertly removing debris and stimulating circulation, leaving your skin feeling renewed. Next, your body will be cocooned in a detoxifying wrap for maximum absorption of skin-loving antioxidants. The ritual ends with a heavenly full body massage to dissolve your stresses and revitalize you completely

120 minutes | R 945

TOP TO TOE

This package is designed to cater to all your mind and body needs from head to toe. This package is specially crafted to offer the very best of our spa services that will invigorate your senses and help you unwind. Our bespoke offer includes a blissful back, neck and shoulder massage, an Indian head massage, our express facial that will leave you with a glowing, radiant complexion. And last but not least, indulge in an express pedicure, which will leave your feet feeling soft and silky.

120min | R 1055